



STAND UP & SWIPE OUT BULLYING



I, _____, promise to Stand Up & Swipe Out Bullying. I believe that no student deserves to be bullied and that every student regardless of race, color, religion, nationality, size, gender, popularity, athleticism, social ability or intelligence has the right to feel safe, secure and respected.

I AGREE TO:

- Treat other students with kindness and respect
- Not engage in and speak out against verbal, relational, physical and cyber bullying
- Be aware of and abide by the school's anti-bullying policies and procedures
- Support students who have been victimized by bullying
- Notify a parent, teacher or school administrator when bullying occurs
- Be a good role model for other students

YOUR SIGNATURE

If you are under the age of 13, please only use your parents name on the submission form.

PARENT/GUARDIAN SIGNATURE

SCHOOL NAME/CITY

For program details visit now100fm.com or khtk.com.
Winning school will be notified first week of March.

WIN A CONCERT FROM



AT YOUR SCHOOL!

kids care

DENTAL & ORTHODONTICS™

FREE FLUORIDE TREATMENT
with next scheduled visit

\$250 OFF BRACES OR \$500 OFF INVISALIGN
if you start treatment before 3/31/20

We have many convenient locations near you



Some restrictions may apply. Cannot be combined with other any other offer. Offer can only be applied before a patient has started treatment. Must present this coupon to redeem. Expires 3/31/20.



30% OFF on all street wear on dulstay.com!

WITH THE CODE: bullyfree

DulTay offers awesome, eco-friendly street wear clothing designed by independent artists from all over the world!



KOVARS SATORI ACADEMY
MARTIAL ARTS & FITNESS

Our Bully Prevention Curriculum Teaches Kids...

- ONE** What is Bullying? Why do people do it?
- TWO** What to do if you're being Bullied.
- THREE** What to do when you see others being Bullied.
- FOUR** Buddying, not Bullying.

Get 2 weeks for \$39.95! Visit Kovars.com



916-SUPPORT
www.thesacramentosource.com
24/7 Crisis Hotline
Call/Text us NOW for help



Buy 1 Entree Pizza & Beverage, Get Second Entree Pizza **FREE**
Must present coupon. 1 coupon per guest per visit. Not valid with any other offers. Exp. 6/30/20.

Offer valid at these locations:
5801 Folsom Blvd – Sacramento – 916-706-2834
5450 Sunrise Blvd – Citrus Heights – 916-844-7644